



Zagreb
CROATIA



Zagreb

Oasis of health and wellbeing

~ centre

In a healing embrace of the surrounding area

of medical

Technologies and innovations in the focus

excellence

Zagreb à la carte

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Oasis of health and wellbeing
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Zagreb at the tips of your fingers

Visit the Croatian metropolis

WHY ZAGREB?

- Top quality services and technologies, innovative procedures and competitive prices.
- Zagreb is close by thanks to excellent traffic connections.
- Cultural sights, natural beauty, year-round events and unforgettable experiences.

The capital of Croatia is attracting an increasing number of visitors, thanks to its excellent geographical position, marvellous traffic connection, natural and cultural heritage and health tourism potentials

Although its position places it among Central European cities, Zagreb is one of those places that connect the continental and Mediterranean spirit in a particular way. Experiencing this Zagreb atmosphere should come easy, primarily thanks to its excellent traffic connections with many European centres. The modern Franjo Tuđman airport connects Zagreb with many distant European and international destinations, the main railway station is located at the very centre of the city, and due to good road connections European capitals are within easy reach.

Ideal starting point

Whether you are coming for a medical procedure, a wellness vacation or a short city break, Zagreb is an ideal starting point for exploring all that Croatia has to offer. Less than an hour's drive from Zagreb is the beautiful green Zagorje, while Slavonia extends further east. If you head towards the sea, the Plitvice Lakes represent an indispensable destination in Lika, just like Gorski kotar, the green heart of Croatia.

In less than two hours you can be on the Adriatic coast and enjoy another oasis of health, Kvarner, or visit Istria. Even some of the most beautiful Dalmatian cities, such as Zadar, Šibenik or Split, are not out of reach. The islands of Hvar, Korčula or Brač, along with the unforgettable Dubrovnik, the “pearl of the Adriatic”, are just some of the suggestions with which you can round off your visit to Croatia and Zagreb.

These figures are no obstacle to visiting Zagreb!

To Zagreb by car

Maribor: 115 km. Ljubljana: 140 km.
Graz: 180 km. Budapest: 345 km.
Vienna: 375 km. Venice: 380 km.
Belgrade: 395 km. Sarajevo: 400 km.
Munich: 545 km. Milan: 630 km.

Fly to Zagreb

– with a direct flight!

Mostar: 1 h. Prague: 1.20 h.
Berlin: 1.25 h. Milan: 1.30 h.
Frankfurt: 1.30 h. Zürich: 1.30 h.
Copenhagen: 1.55 h. Brussels: 1.55 h.
Paris: 2 h. Amsterdam: 2.05 h.
Barcelona: 2.05 h. Istanbul: 2.05 h.
Stockholm: 2.10 h. Athens: 2.20 h.
Rome: 2.30 h. London: 2.30 h.
Oslo: 2.35 h. Helsinki: 2.35 h.
Saint Petersburg: 2.40 h.
Moscow: 2.55 h. Doha: 5.25 h.
Dubai: 5.30 h. Toronto: 9.25 h.
Seoul: 11.10 h.

ONE OF THE ADVANTAGES OF ZAGREB CERTAINLY LIES IN

the competitive prices, which go hand-in-hand with superior health services

TOP 5

of Zagreb health tourism

advantages

In addition to being known as the centre for medical excellence, along with top-notch equipment and quality of service, Zagreb has a few more aces up its sleeve, which make it increasingly stand out on the European map of health tourism

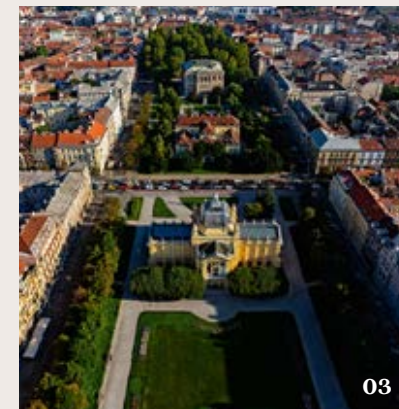
Zagreb is an attractive tourist destination discovered by more and more tourists with every passing year. It is also an easily accessible destination with an excellent offer of health tourism services, as evidenced by the following five advantages.

1 | Easily accessible
Thanks to the modern Franjo Tuđman Airport and excellent traffic connections, distance is not an obstacle to visiting Zagreb. It is connected to many European and international destinations by direct flights, making Zagreb an easy-to-reach destination, and an ideal starting point for exploring the rest of Croatia.

2 | Competitive prices
Affordable health tourism rates go hand-in-hand with top-notch equipment and high-quality health care, and, compared to Western countries, they enable a savings of 30% and upwards for the performed health services.

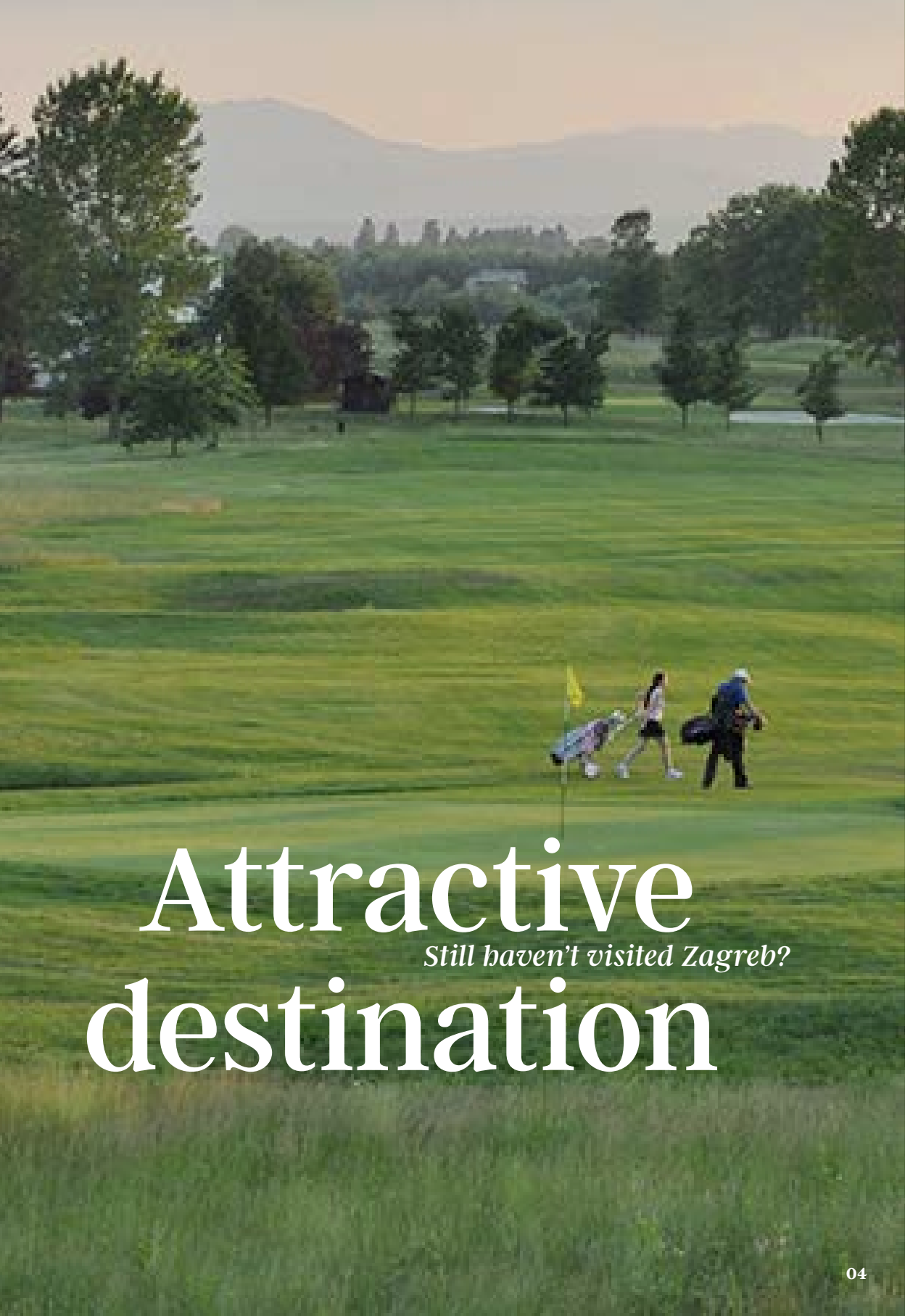
3 | All four seasons
With a moderate continental climate, summers in Zagreb are warm and dry, with temperatures up to 30 °C, while winters are cold, with temperatures from -5 to 10 °C.

4 | A green break
In Zagreb, green areas cover 14 million square meters – so walking through some of the city parks is a great way to take a break.



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5 | Zagreb atmosphere
Zagreb embodies a charming blend of the Mediterranean and the continental, with peculiar traditions and attractions – it is up to you to discover this human-sized city and to fall in love with small details that only you can see.



Attractive destination

Still haven't visited Zagreb?

With the top-notch health tourism offer, what makes Zagreb unique is its unpretentious charm, love for socializing, food and, simply, the joy of life

An attractive health tourism destination, a city made for a city break trip, a congress destination for your business meetings, all that and much more - that's what Zagreb is. The pleasing architecture adds to its appeal, responsible for the unique Zagreb atmosphere, coated with layers of history - from the Upper Town to the banks of the Sava River. With its cultural offer, streets pulsating with events and the beauty of nature calling out for an escape into greenery, the different faces of the city are revealed with every new step.

Whether you are looking for the latest medical procedure, an opportunity to get in shape, relax your body, or calm your mind, Zagreb will satisfy all of your requirements.

Get into shape!

- 1** | The mount Medvednica hiking trails invite visitors to experience active holidays, both for amateur hikers or experienced ones.
- 2** | If you want to get away completely from the city crowds, visit Maksimir and have a nice stroll, absorbing the centuries of history of this beautiful park with every step.
- 3** | You can delight in the mini green oasis of the Lenuzi Horseshoe while enjoying a relaxing walk around the city centre.
- 4** | Explore Zagreb the fastest, cheapest and healthiest way – thanks to the public bicycle system, available at more than twenty locations throughout the city.
- 5** | A morning jog at Bundek will perfectly clear the mind and activate the body.
- 6** | The pebble beaches of Lake Jarun, with five Blue Flags guaranteeing the safety and orderliness of the “Zagreb Sea”, provide refreshment during summertime.
- 7** | The sports offer along the Sava River includes golf courses – for all those who want to work on their swing.
- 8** | Enjoy running and get to know Zagreb at the same time – with the Mobile Run application that combines running routes with a tour of the city.

**MOST HEALTH
TOURISM SERVICES
HAVE**

a high added value, while the joint action of the health and tourism system has created an atmosphere in which every patient feels safe and in best hands

The comparative advantage of Zagreb lies in its accessibility, excellent traffic connectivity, as well as a wide range of health care services that stand out for their quality

Qualified medical staff and hospitals and polyclinics with state-of-the-art equipment guarantee excellent health services. Most local medical specialists gained their knowledge in the largest European and international medical centres, continually staying up to date with the latest equipment and treatment trends.

Health tourism is an important aspect of Croatia's tourist offer, and Zagreb and its surroundings have much to offer. What puts the capital of Croatia on the European map of health tourism are numerous private and public polyclinics as well as health centres with expert staff and exceptional quality of service at competitive prices.

This is what makes Zagreb stand out as a centre of medical excellence, bringing together top medical institutions, along with the irresistible wellness and spa offer of the Zagreb hotels.

An additional advantage is its accessibility, as well as the overall offer of health services, regardless of the reason for your arrival.

World-class level of service
Zagreb is more accessible than ever before, and with that, the entire range of dental care treatments, aesthetic surgery, ophthalmology, orthopaedics, tumour treatments, cardiology and other procedures. Reputable clinical hospitals and hospital centres, specialised hospitals and polyclinics, leaders in their area or business segment, with a long tradition of quality recognized globally are all at your disposal.



Wealth of contents
Throughout the year, health tourism services are complemented by various other activities, creating added value of the overall experience.

Centre *City of Zagreb* of medical excellence

In addition to tourist attractions, hotel and hospitality facilities and top gastronomy, the Croatian metropolis opens up unlimited possibilities for visiting musical and theatre performances, museums, art and sports events, interesting architecture and enjoyment in numerous parks in the city centre - or simply absorbing the unique Zagreb ambience.

The health and tourist offer of the city of Zagreb is complemented in

the best way by the surrounding area, with natural healing factors, an attractive cultural offer, medieval and baroque castles and health resorts with a long tradition.

In the immediate vicinity of Zagreb, within an hour by car, there are top clinics specializing in treatment and medical rehabilitation, as well as hot springs and spa oasis designed for basking in the wellness offer in the midst of green hills.

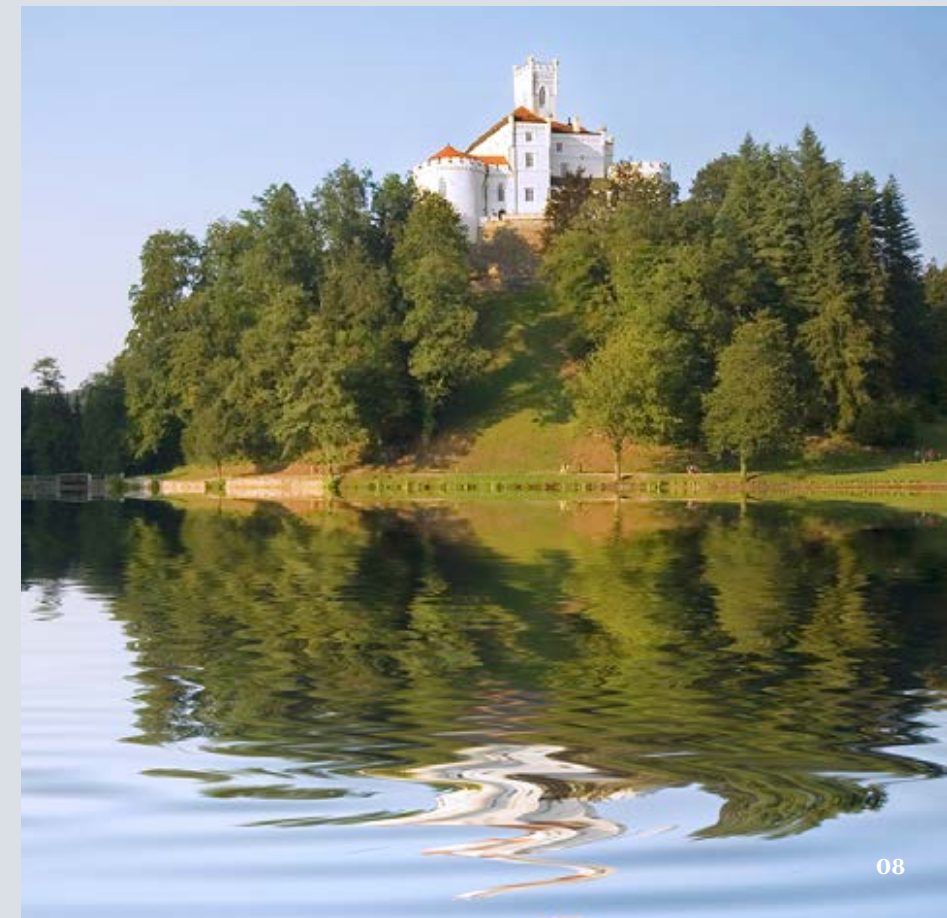
Everything in the package

IF YOU CHOOSE TO VISIT ZAGREB FOR HEALTH SERVICES

in addition to selecting quality, you have selected a supreme experience that the capital of Croatia offers at every turn



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**Martina Bienenfeld, director
of the Zagreb Tourist Board**

“Zagreb, as the capital of Croatia and its main health centre, stands out on the health tourism map. Its advantages, such as professional staff and the high quality of service, numerous public and private polyclinics, location and excellent transport connections, as well as competitive prices, make Zagreb a centre of medical excellence.”

If we add to this a variety of events throughout the year, as well as the proximity of our beautiful surroundings, we get an outstanding tourist product that complements the very offer of health tourism.”



A little bit of history...

Today's Zagreb has grown from two medieval settlements that developed for centuries on the neighbouring hills – Gradec and Kaptol. With traces of human settlements dating back to prehistoric times, the first written mention of Zagreb dates back to 1094 and the founding of the Diocese of Kaptol. The Golden Bull, a document issued in 1242 by the Croatian-Hungarian King Bela IV, granted Gradec considerable privileges and status as a free royal town. The unification of the existing settlements in 1850 created the conditions for the development of a modern Central European city.

From the first pharmacy to the university

Zagreb can boast its pharmacy tradition going back many centuries, as evidenced by the opening of the first Zagreb pharmacy in Kamenita ulica 9, in the middle of the 14th century. On this rich tradition, based on the decision of Emperor Franz Joseph I, in 1882 the Pharmacy Teaching Course was established at the University of Zagreb, opening the way for the study of pharmacy.

The history of the School of Dental Medicine begins in 1892 with the foundation of the Odontology Chair. The Faculty of Medicine joined it in 1918 in transferring scientific and medical knowledge, although the first requirements for the establishment of a medical studies date back to 1790.



SOME OF THE MOST MODERN

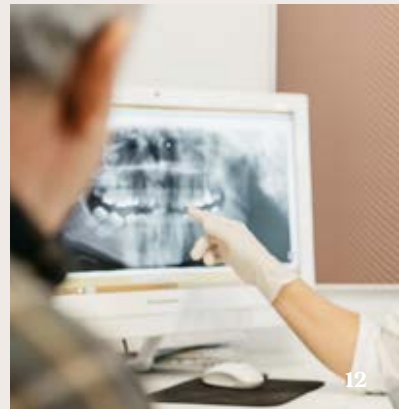
dental offices are located in Zagreb, and they will make sure you leave their office with your brand-new smile in just a few hours

Among the outstanding offer of health tourism services, Zagreb is especially predominant in the field of dental and aesthetic medicine, ophthalmology and orthopaedics, as evidenced by numerous satisfied clients

Take off your glasses – once and for all
Did you know that the first laser eye correction in Southeast Europe was performed in Zagreb? Diagnostic, therapeutic and operative procedures from all areas of ophthalmology are performed in the Zagreb eye clinics, whether they are aimed at removing dioptries, cataracts, corneal transplants, or treating glaucoma.

Zagreb clinics, polyclinics and specialty hospitals are at the very top of Croatia's health tourism offer, while also being on par with European and international centres. In particular, they are distinguished by specialties in dental and aesthetic medicine, ophthalmology and orthopaedics.

A smile that you deserve
Some of the most modern dental centres in Croatia are located in Zagreb, keeping up with digital technologies while offering top quality prosthetic, implant and aesthetic dental services. The latest advances allow for creating dental replacements in just one day, even in very demanding cases, using the advanced All-on-4, Zygoma All-on-4 or pterygoid implants.



And how do you feel about rotating dental chairs with massage effect, or specialized spa treatments that reduce pain and speed up the recovery time after dental procedures?

Laser dioptry removal is among the most popular interventions, and Zagreb clinics have state-of-the-art equipment, including the advanced femto-LASIK method (All-Laser LASIK). In case you are not a candidate for the laser, a solution exists nonetheless, in the form of dioptry correction by implanting special intraocular lens (ICL).

World-class level

Allow the best to take care of your health

Superb aesthetic treatments

A large number of prominent aesthetic clinics are concentrated in Zagreb, making it the number one destination in this part of Europe when it comes to aesthetic surgery, dermatology and cosmetology. From non-invasive rejuvenation treatments such as the renew lift, stem cell therapy and DNA skin analysis, body shaping using the most modern Venus Legacy and Med Contour Multipower methods, all the way to aesthetic surgical procedures, you can be sure that you have chosen the best and that highly educated professionals with

many years of experience will take care of you. Because of this, Zagreb clinics are synonymous with quality, which has been recognized by numerous satisfied domestic and foreign customers.

Get back into the game

When it comes to orthopaedic treatments, sports medicine and medical rehabilitation, the top-notch centres in Zagreb and its surroundings provide the best care. Using state-of-the-art equipment coupled with top-of-the-range diagnostics and innovative therapeutic surgical procedures,

they guarantee the quickest and least painful way to return to normal life, and are a leader in introducing innovations in the European and international context. You are in good hands, whether it comes to procedures such as prosthesis implants of all major joints (shoulders, hip, knees), treatment of osteoarthritis using autologous stem cells, or rehabilitation. The excellence of these medical centres is also evidenced by the fact that numerous Croatian athletes and Olympic athletes choose the clinics in Zagreb and its surrounding area for recovering from injuries.

THE MOST POPULAR OPHTHALMIC PROCEDURES

include laser dioptr removal, while intraocular lens implants are available as an alternative



WHEN YOU VISIT ZAGREB

for any health procedure, you can be sure you are in the best hands

Zagreb's specialized clinics and hospitals are places that provide top quality healthcare. Technologically well-equipped, they represent the centre of innovation and reference centres for educating experts from numerous countries

The Zagreb dental offices follow and set trends, implementing laser, implant and digital technology in their work, while the leaders among them treat edentulousness with innovative pterygoid and All-on-4 and Zygoma All-on-4 dental implants.

With its surroundings, Zagreb has become a leading health tourism centre, recognized for the establishment of specialized clinics and hospitals that have become a place for training experts and for the introduction of innovative treatment methods and new technologies.

Innovative procedures

The *St. Catherine Specialty Hospital* is among the few European institutions that first started using mesenchymal stem cells (MSC) in clinical practice, and the first in Southeast Europe to introduce a new meniscus transplantation procedure. The potential of *St. Catherine* hospital has also been recognized by the European Commission, allocating it and the Genos laboratory HRK 17 million of non-refundable funds for the development of new diagnostic and therapeutic procedures for the treatment of lumbago.



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The professional team of *Radiocirurgia Zagreb*, a private clinic for diagnosis and treatment of cancer, consists of specialists trained in leading national and international centres. They have the state-of-the-art technology for diagnosing and treating tumours including, among others, the Varian EDGE radiotherapy and radiosurgical device, which introduces evolution into advanced radiosurgery.

Always
Technologies and innovations in the focus
the first

In the role of a leader

Zagreb is a home to superior aesthetic clinics with state-of-the-art technology, such as the VECTRA 3D device, which allows for simulation of postoperative appearance, or innovative laser technology used daily by the *Bagatin Clinic* experts. You will also find top-notch ophthalmic clinics and experts in Zagreb, including Prof. Nikica Gabrić, MD, PhD and Prof. Iva Dekaris, MD, PhD from the *University Eye Hospital Svjetlost*, Croatian pioneers of corneal transplantation, with more than a thousand transplants.

The founder of the *IVF Polyclinic*, the first private polyclinic for gynaecology, obstetrics and reproductive medicine, Prof. Velimir Šimunić, MD, PhD, is one of the pioneers of medically assisted fertilization, and the leader of a team of experts who in 1982, as the seventh in the world, enabled the conception and birth of the first Croatian IVF baby. Thanks to this experience, top technology and quality of service, nowadays the polyclinic competes on equal footing with leading European centres.

Prof. Gordan Lauc, PhD, is the founder of Genos, first private DNA laboratory in the region, one of the leading scientific institutions in Croatia in the field of DNA analysis and a world leader in glycan analysis. With the implementation of genetic tests, their work contributes to the development of personalized medicine for the purpose of an individualized approach to diagnosis and treatment based on the genome analysis of patients.

Long standing tradition of quality
The first catheterization and later heart transplantation in Croatia was performed at the *Heart and Blood Vessel Disease Clinic* at the University Hospital Zagreb, where more than 700 local and foreign cardiologists have been trained.

Among them are the founders of the *Heart and Blood Vessel Disease Clinic* at the University Hospital Dubrava and the *Magdalena – Clinic for Cardiovascular Medicine* in Krapinske Toplice, and today these three centres compete with the world's best cardiovascular disease centres.



University Hospital Merkur is the world's leading hospital according to the number of transplanted livers per million inhabitants, with a 96% success rate, also known for transplantation of non-conforming blood groups.

The Paediatric Surgery Clinic, within the *Zagreb Children's Hospital*, brings together almost half of Croatian paediatric surgeons, and is also the organizer of the First World Congress of Paediatric Surgery.

Medical and biochemical laboratories accredited in accordance with ISO standards, also stand out as partners in health care, guaranteeing the reliability of the results and their international recognition.

THE LATEST TECHNOLOGY

and medical professionals with many years of experience guarantee the quality of health care



ZAGREB'S FIVE-STAR HOTELS

are not only superior in terms of their quality services and luxurious ambience but also for their superb wellness centres

The ultimate sense of health involves not only physical health, but it also depends on the wellbeing of the mind and the body - so from time to time, it is crucial to relax, which is something the wellness centres of Zagreb's five-star hotels will take care of

The crowning glory of Zagreb's hotel industry - the Esplanade Zagreb Hotel, The Westin Zagreb and Sheraton Zagreb Hotel - are not only leaders for their top-quality services and luxurious ambience, but also for the superb wellness centres that make a stay in Zagreb a real vacation for the soul.

About the benefits of the Health Club care

The Esplanade Zagreb Hotel was built in 1925 for travellers of the legendary Orient Express train, and it represents a true architectural gem with Art Deco style rooms. Get ready to pamper yourself at the exclusive Health Club Esplanade Zagreb, which offers a wide range of treatments, including fitness, sauna, beauty treatments and massages. Try the exclusive massage with Istrian wine or a facial treatment which revitalizes the skin, such as the Day After treatment for instant glow and skin vitality.

The Westin Difference Philosophy

The modern and luxurious hotel in the very heart of the city, the Westin Zagreb is a regular host of national and international high-profile events. With the Westin Difference philosophy, under the auspices of the World Class Health Academy, your stay is transformed into a revitalizing experience thanks to fitness programmes and the superb offer of the spa and wellness centre. A holistic area of beauty and well-being, the Spa & Wellness Centre is an opportunity to indulge in facials, body shaping and massages, while the "Comfort Zone" programmes of the World Class Health Academy provide a whole host of revitalizing wellness programmes.

Sheraton-style relaxation

The excellent location and the multifunctional halls of the Sheraton Zagreb Hotel, ideal for conferences, are just some of the reasons why this hotel is highly regarded among business people. The second part of the reason lies in the wellness centre of the Sheraton hotel. The medical beauty centre Murad is dedicated to relaxation. The sauna, gym and swimming pool facilities promise recreation and relaxation, while the beauty salon provides all types of massage and cosmetic services for the face and body - one of our recommendations is the Murad intense hydration treatment with LED light.

It's time for Pamper yourself wellness

IN ADDITION TO THE CENTURIES-OLD FOREST, THE MAKSIMIR PARK

has five lakes, educational and recreational paths and entertainment facilities such as the Zoo, the Echo Pavilion and the Vidikovac (Bellevue) building

Green Zagreb

Embraced by nature

It is time to immerse yourself in the richness of Zagreb's nature, fill your lungs with fresh air, enjoy the greenery of the city parks, or go to Zagreb's lakes

You may have come to Zagreb for a medical treatment or a wellness vacation, but there is no reason not to mix business with pleasure. The city exudes history at every step, with museums and landmarks that it would be a real shame not to visit. But the natural beauty of Zagreb and its surroundings is an additional treasure you can enjoy while visiting.

A green embrace from the north
Apart from gently looking over Zagreb on the northern side, Medvednica, a favourite place among all the Zagreb locals, is a protected nature park which encompasses eight forest reserves. It is home to a lot of plant and animal species, geologically diverse, as evidenced by the cave of Veternica, one of the most important Croatian paleontological sites.

Inhale, exhale!
True, its trails are a popular weekend destination, and not just for recreation and socializing, but also for the much-needed break from the urban jungle. Medvednica provides Zagreb locals with new opportunities for relaxing in fresh air, surrounded by greenery and the smells of the forest – so breathe in deeply the fragrant air and breathe out the stress.

A wealth of drinking water
Within the Medvednica Nature Park there are 450 km of surface watercourses, and there are many well-maintained springs of drinking water. Some of them, not so long ago, served as water supply to some of the local villages, but to this day the sight of them delights thirsty hikers. In addition to being a sanctuary for a variety of river fauna and an essential part of the ecosystem, one cannot deny their contribution to the beauty of the landscape – because the sound of trickling water in the forest is a signal for peace and relaxation.



It was opened to the public back in 1794, and encompasses five lakes, educational and recreational trails, as well as the Zoo, the Echo Pavilion and the Vidikovac (Bellevue) building.

Jarun or Bundek?

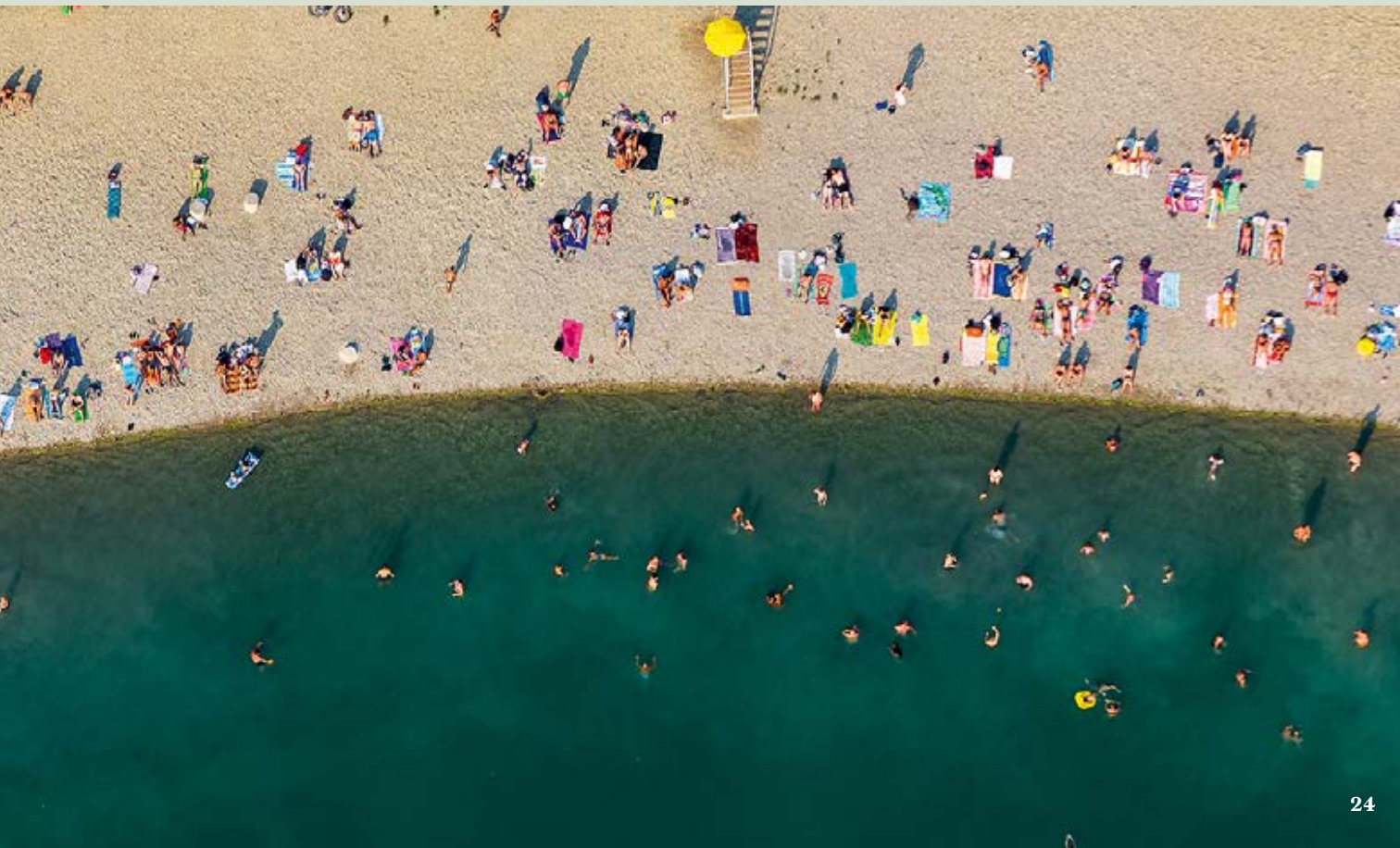
Bundek was the first and most popular swimming spot in Zagreb, created in 1955 through the excavation and removal of gravel. But after it was closed, Jarun, designed in 1987 for the needs of the University Games, became the number one site.

With the redevelopment and reopening of Bundek in 2006, the dilemma we presented in the title became current and now every Zagreb local has their own favourite swimming spot.

But whatever you choose, you will not go wrong – and while Bundek is considered a destination intended for family gathering and relaxation, Jarun is more focused on sports, entertainment and recreation.

ON THE SOUTHERN SLOPES OF MEDVEDNICA

lies Medvedgrad, a medieval town built after the Tatar invasion in 1242, which still stands proud to this day



ZAGREB STANDS OUT

with several top hotels offering a great range of wellness facilities that are located right in the heart of the city

From modern hostels, small boutique hotels, private accommodation in apartments, all the way to luxurious five-star hotels — Zagreb is a great host to every guest

On the other hand, if you are looking for a hotel near the airport, Hotel Aristos and its wellness centre are at your service.

Zagreb hotels are also the ideal venue for meetings and business congresses.

Like in your own home
Apart from hotels, you can also choose private accommodation as a starting point for exploring every aspect of the Zagreb offer.

The capital of Croatia offers guests a wide choice of accommodation, whether you are looking for a five-star hotel, private accommodation, a room in an attractive hostel or the peace of countryside homes and vacation houses.

Top hotels
Zagreb is distinguished by the fact that several top 5-star hotels, such as the Westin, Esplanade and Sheraton, are situated in the very city centre – just a few hundred meters from the main city square. Along with superb services and a luxurious ambience, what attracts guests wanting a break is definitely their rich wellness offer.

The same high quality of service is provided by other top hotels – Hotel Le Premier, Double Tree by Hilton Zagreb, Hotel Capital, Canopy by Hilton Zagreb, Palace Hotel, Hotel Dubrovnik and Hotel Astoria. Hotels close to clinics and hospitals, such as Hotel Rebro and The Loop Hotel are also part of the accommodation offer.



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Furnished and equipped private apartments or studio apartments, rooms or vacation houses are suitable by their size for individual visitors, families or groups, and the feeling is like being in your own home.

As an additional advantage, it should be noted that apartments are often located near the clinics and medical offices, which makes it easier and more enjoyable to go for your chosen treatment.

Where to stay?

Luxury accommodation in the heart of the city

YOU WILL NOT EXPERIENCE THE REAL ZAGREB

if you do not ride the Funicular, explore the Upper Town or drink coffee at the "Špica"

A complete experience

When in Zagreb...

How best to experience Zagreb? Zagreb has many faces, but which one you will like the best depends on you. Still, some things should not be missed...

1 | Up and down the Funicular
The world's shortest public transport railway line, only 66 meters long, has connected the Lower and Upper Towns since 1890.

2 | Visit the Museum of Broken Relationships
The unique museum dedicated to broken relationships was declared the most innovative museum in Europe in 2011.

3 | Mirogoj - an architectural jewel
The largest Zagreb cemetery was built according to the project by architect Hermann Bollé. It is also a beautiful park and an outdoor art gallery.

4 | Upper Town's hidden spots
Explore the historic core of Zagreb dating back to the Middle Ages, but do not be startled when you are greeted, exactly at noon, by a shot from the Grič cannon from the Lotrščak Tower.

5 | Let's have coffee!
The Zagreb locals always find the time for coffee - even business deals are concluded over coffee - and the best one is at the Saturday "Špica", which takes place in cafes around the Petar Preradović Square, also known as the Flower Square.



6 | view from the top
Climb up to the 16th floor of the skyscraper on Zagreb's main square and enjoy a 360-degree view of the city. In addition to the viewpoint, there is also a bar where you can sip a drink while enjoying the view.

7 | Take a green break

Zagreb boasts a large number of green areas, and the so-called Lenuci's Horseshoe (known as the Green Horseshoe), which stretches through the centre of the city, unites a series of squares and parks from the 19th century.

8 | Discover Zagreb's tunnels

Kilometres of tunnels that allegedly pass under Zagreb are a mystery for many Zagreb locals, but one is known and open to the public — the Grič tunnel, which connects Mesnička and Radićeva Street.

9 | Fresh from the dining table

Zagreb would not be what it is today without the “stomach of the city” — the Dolac market. Take a peek under the red parasols and find something for yourself in the rich offer of fresh foods.

10 | Gingerbread heart as a souvenir

To have an unforgettable memory of your visit to Zagreb, choose a unique souvenir — gingerbread heart, a traditional vividly decorated souvenir made of honey dough.



FESTIVAL OF LIGHTS

During the festival for artists of light, the entire city is a big painting canvas - when the famous Zagreb locations shine with a new light

Zagreb

the 4 seasons

throughout

In every season, Zagreb shows a new face, due to events where city streets and squares pulsate with new energy and vibrancy. So, if you are wondering when the best time to visit Zagreb is, the answer is – right now!

Awakening of spring

A sure sign of the spring awakening in Zagreb is the Festival of Lights, when famous Zagreb sites become playful locations of light effects.

From the end of April (until the beginning of October) you have the opportunity to jump into the Zagreb Time Machine and experience a Zagreb from times long past.

The playful spring atmosphere is brought to the city by two events that are already traditional – during the international street festival Cest is d'Best the entire city becomes a stage, and thanks to the international Floraart flower exhibition, Zagreb's Bundek literally blossoms. The event Summer on Stross starts at the end of May as the best announcement of a summer full of events.

Summer in the city

Summer on the city asphalt does not have to be boring – while the Design District Zagreb is taking place, the entire block around Martićeva Street is transformed into a design, art and entertainment area.

June is already traditionally marked by the INmusic festival, the largest open-air festival that has been listed several times among the most important international festivals.

The event that has been taking place for decades, The International Folklore Festival, as well as the musical event Evenings on Grič, also stand out.

Warm summer evenings are an invitation for outdoor delights – this is why the Zagreb Classic is an ideal excuse for a picnic on the grass of the King Tomislav Square accompanied by the sound of classical music, while the summer stage of the Tuškanac cinema is the perfect setting for the films of the Fantastic Zagreb Film Festival.



The secrets of Grič will be revealed to you by an interactive nocturnal tour of the same name. Also, make sure to take the opportunity to peek behind the façades of Baroque palaces during the Courtyards event.

Autumn rhapsody

The beginning of October in Zagreb is marked by the Open Square Day, when the cultural and educational institutions of the Republic of Croatia Square open their doors. The Zagreb Film Festival and its Golden Pram Award are an event that should not be missed, just like the Zagreb Marathon, with one of the fastest marathon trails.

Winter magic

The end of the year is marked by Advent, and Advent in Zagreb is definitely something special – for three years in a row, from 2016 to

2018, according to the European Best Destinations portal, Zagreb's Advent was the proud bearer of the title of the best Christmas destination.

At the beginning of January, the Snow Queen slalom race is held at the top of Medvednica, named in honour of the legendary skier Janica Kostelić.

– You can find a list of all the events on www.infozagreb.hr

ZAGREB'S CHRISTMAS MAGIC

Advent in Zagreb is definitely something special – for three years in a row, from 2016 to 2018, according to the European Best Destinations portal, the Zagreb Advent was the proud bearer of the title of the best Christmas destination.

CITY OF CULTURE

Zagreb is also the centre of great art exhibitions as well as valuable permanent exhibitions in galleries and museums



INTERNATIONAL,
EXOTIC, MODERN
OR TRADITIONAL?

Allow Zagreb's
gastronomic offer
to surprise your
palate

Zagreb

What's cooking?

à la carte

Food and drink are an indispensable part of the Zagreb offer. There is something for everyone – national cuisine, ethnic cuisine, fusion, haute cuisine or street food – but with a local touch and Zagreb's gastronomic classics

You will easily be able to find something for yourself in Zagreb's varied gastronomic offer – whether you want to taste the traditional Zagreb cuisine, Mediterranean cuisine, fish specialties, regional delicacies, excellent steaks, Chinese, Japanese or fusion delicacies, modern dishes or classic Italian and French cuisine.

A combination of continental and Mediterranean flavours, with a recognizable local touch, will satisfy every palate, with an increasingly growing offer of vegan and organic delicacies and those tailored to people with special dietary needs.

In addition to the restaurant offer, the Zagreb locals take as much pleasure in going to the markets, something that has become a daily ritual - which is why there are around 20 markets in Zagreb where fresh produce from all over Croatia can be found, while the Dolac red parasols have become a recognizable sign of the city.



Štrukli

You simply have to try "štrukle" in Zagreb, a savoury or sweet dish made with a special kind of dough and filled with cow cheese.

Cheese and sour cream

Cheese with sour cream is one of the traditional dishes of Zagreb and its surroundings – it can be eaten without any sides or be served as a side dish, enriched with fresh spices.

Turkey with *mlinci*

A specialty reserved for special occasions, turkey is always

accompanied by *mlinci*, a thin dried flatbread made of flour, salt and water, with the addition of a pan sauce.

Knedle

Sweet potato dumplings, filled with plum or apricot, are often found on the tables of the Zagreb locals.

Apples strudel

A delicacy made of phyllo dough, with grated apples and added cinnamon could win you over with the smell alone... And it tastes delicious!

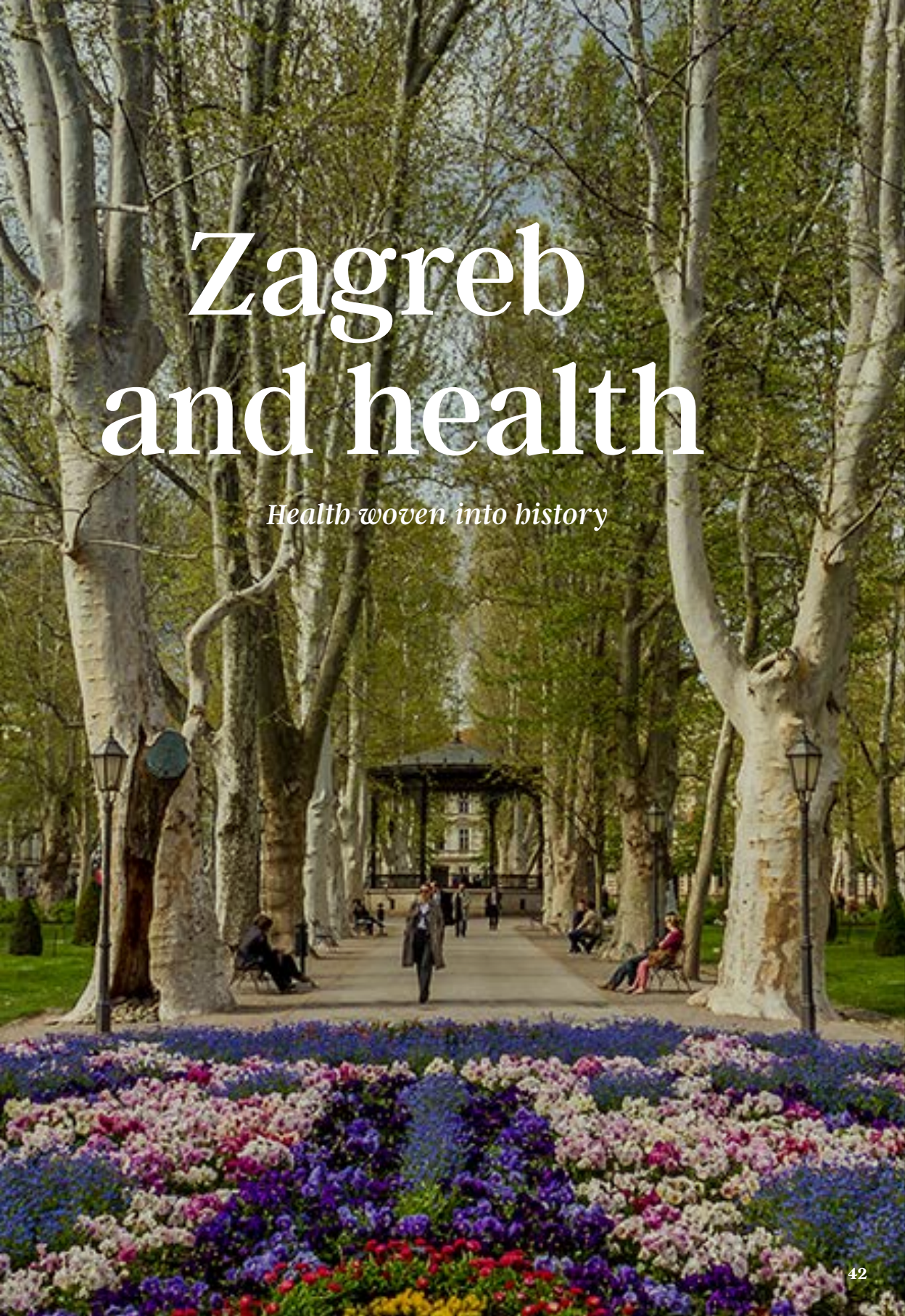
This should not be missed!

- 1 | ŠTRUKLI
- 2 | CHEESE AND SOUR CREAM
- 3 | TURKEY WITH *MLINCI*
- 4 | KNEDLE
- 5 | APPLES STRUDEL



Zagreb and health

Health woven into history



Every city has its own little secrets, and the same goes for Zagreb and its surroundings. The following curiosities from Zagreb's past are evidence of its long tradition of health care, which might make you grow even fonder of Zagreb

* The Zagreb locals have been going to the same pharmacy, K crnom orlu (its name translates to "At the Black Eagle's"), for the past 700 years. Since at the time of its foundation in the middle of the 14th century there were no house numbers, it was recognized by the black eagle above the door.

* Nicolo Alighieri, grandson of the renowned writer Dante Alighieri, also worked in the Upper Town pharmacy.

* In 1896, the Pharmacognosy Institute was established in Zagreb, as the first independent institute of its kind in the world. The highest annual award of the Croatian Pharmaceutical Society has been named after its founder, pharmacist Julije Domac.

* All the way until the end of the 19th century, when its course was regulated, the Medveščak stream ran through the centre of Zagreb, with the city baths and entertainment areas along its banks.

* In Varaždinske Toplice, only half an hour from Zagreb, excavations have revealed a Roman complex of public thermal baths more than two thousand years old.



* When Krapinske Toplice was visited by Archbishop Esterhazy, the baths were of too low a standard for such an esteemed guest. Therefore, a gazebo made of branches was quickly erected so that the bishop could peacefully change and prepare for bathing – that was the first changing room of the baths.

TAKE ADVANTAGE
OF ALL THE
BENEFITS OF THE
ZAGREB CARD

for the best
experience of
the city of Zagreb,
with free public
transport and visits
to city attractions

*The ZAGREB CARD offers
free city transport and free
entrance to four prestigious
city museums, the Zagreb
360° viewpoint and the Zoo*

The ZAGREB CARD is your ideal
travel companion through Zagreb,
saving your precious time and
money. The card is available in 24
and 72 hour versions, and when
you purchase it, you can get a
free ride on city transport and
free entrance to four prestigious
city museums, the Zagreb 360°
viewpoint and the Zoo.

There are also discounts at
numerous attractive locations,
such as city museums, restaurants,
shops and various services.

The ZAGREB CARD can be
purchased online through a
web-shop and be picked up at the
Tourist Information Centre at Ban
Jelačić Square 11. It is also available
at the reception of many hotels
and hostels in Zagreb and in some
tourist agencies.

For more information, see:
www.zagrebcard.com



Zagreb Card

Your best travel companion

Everything you need to know...

Useful information

Kuna or Euro? Water from the tap or bottled water? Warm or cold climate? Exploring Zagreb is even easier if you have all the necessary information at your fingertips — that way, all you need to do is simply to have a good time

Currency

The official currency is the Croatian kuna (HRK). Nominal denominations: Coins: 1, 2, 5, 10, 20, 50 lipa; 1, 2, 5 kuna. Bills: 10, 20, 50, 100, 200, 500, 1000 kuna. 1 kuna = 100 lipa. You can change money in exchange offices, banks, post offices and hotels.

Climate

Zagreb has a moderate continental climate, with all four seasons. The summers are usually hot and dry, with average temperatures of 20 to 25 °C, while the winter months are mostly cold with average temperatures of 1 to 5 °C. The hottest months of the year are July and August, while the coldest are January and February.

Visa system

Information on the visa system valid between Croatia and other countries can be found on the website of the Ministry of Foreign and European Affairs. www.mvep.hr

Electricity

220v, 50Hz. Standard European socket with two slots.

Water

In Zagreb, tap water is suitable for drinking.

Wi-Fi

The entire city centre is covered in wi-fi sites (hotspots) that allow free connection to the city's wireless internet network.

Important telephone numbers

| | |
|-------------------|--|
| +385 | International country code for Croatia |
| 112 | Unique number for all the emergency services |
| 192 | Police |
| 193 | Fire fighters |
| 194 | Emergency medical service |
| 11802 | International information |
| 18981 | General information |
| 1987 | Roadside assistance – Croatian Automobile Club (HAK) |
| 0800 53 53 | Tourist information on Zagreb (toll-free for calls from Croatia) |

For more information see: www.infozagreb.hr

IN THE IMMEDIATE VICINITY OF ZAGREB

there are top medical centres and health resorts with a long-standing tradition

The Zagreb health and tourist offer is perfectly complemented by the offer of its surroundings, with natural healing factors, health resorts with a long tradition and clinics and medical centres of international repute

In Krapinske Toplice there is also the Akromion — Special Hospital for Orthopaedic Surgery, the largest private orthopaedic hospital in Croatia, specialising in reconstructive procedures in the field of the bone and joint system, sports injuries and arthroplasty.

Diagnostics and treatment

The St. Catherine Specialty Hospital for orthopaedics, surgery, internal medicine, neurology and physical medicine and rehabilitation, centre of excellence for modern diagnostics, pain relieving spine surgery, and sports medicine, a member of the prestigious family of the Leading Hospitals of The World, stands out for its quality.

Just as top medical and health institutions, offering quality treatments and health tourism services are located in the very city of Zagreb, the same holds true for its immediate surroundings. Within an hour's drive, surrounded by beautiful nature, there are clinics, hospitals, health resorts and spas offering medical treatments, rehabilitation and wellness programmes known for their quality and innovation.

World renowned quality

Among them is the Magdalena – Clinic for Cardiovascular Medicine, one of the leading regional centres for cardiovascular diseases, with its seat in Krapinske Toplice. Its cardiovascular team carries out more than 500 cardiosurgical procedures and 300 vascular procedures per year with a high success rate.



It should also be noted that all three of these institutions also have their own polyclinics in Zagreb, where it is also possible to perform diagnostic or therapeutic procedures.

Fountains of health

The healing power of Zagreb's surroundings



A leader in diagnosing and treating cancer is *Radiochirurgia Zagreb*, a private polyclinic whose team consists of top experts with many years of experience in various forms of cancer treatment. Using top of the line equipment and state-of-the-art technology, the polyclinic *Radiochirurgia Zagreb* offers all the necessary services to help discover cancers on time and successfully treat them in all stages.

Green hot springs

Medicinal thermal water springs should certainly be considered among the competitive advantages of Zagreb's surroundings. Apart from being invaluable destinations for rehabilitation and recovery from injuries, the health resorts in green Croatia are becoming increasingly popular wellness and spa destination.

The healing properties of thermal water and the wellness and spa offer are a good argument for visiting Krapinske Toplice and the *Aquae Vivae* water park, with newly renovated pools with many water attractions, a wellness centre and saunas.

In *Terme Tubelj*, located at the very source of thermal water, you can choose between various health and spa treatments, water gymnastics, electrotherapy or therapeutic mud therapy.

Only some 40 kilometres away from Zagreb, *Terme Jezerčica* in Donja Stubica is an attractive destination for a nature escape, wellness relaxation or an active vacation.



The Zagorje side of Medvednica provides another place of health and health tourism. *Stubičke toplice* is a bathing resort and a health resort known for health tourism and rehabilitation performed by the Special hospital for medical rehabilitation Stubičke Toplice, as well as wellness programmes designed for rest and relaxation.

If you head towards Slavonia, the plains of Croatia, you can visit *Toplice Lipik* with its medicinal mineral water and *Bizovačke Toplice*, whose salty iodine water is unique in Europe, according to experts.

Naftalan – the only one in Europe

Thanks to the site of an earth mineral oil, the only one in Europe, *Special Hospital Naftalan* occupies a special place in medical rehabilitation and the treatment of rheumatic and dermatological problems - its medical professionals successfully use the earth oil naftalan in the treatment of psoriasis, neurodermatitis and arthritis.

Thermal water and mineral mud

Everything you need for a wellness getaway awaits you in other health resorts not far from Zagreb. The *Daruvarske Toplice* complex is located

in the heart of a historic landscape garden. With the application of thermal water and mineral mud, a top team of specialists and physiotherapists successfully carries out rheumatic disease treatments, medical rehabilitation and health and wellness programmes. At the same time, *Daruvarske Toplice* is the only health resort in Croatia to be included as an EHTTA member, European Historic Thermal Towns Association.

Holism meets healthness

With more than a hundred years of tradition in thermal resort tourism,



Lifeclass Terme Sveti Martin has taken care of providing you with a possibility of diving into a world of healthy pleasures in the lines of Dr. Rudolf Steiner's holistic philosophy. Apart from being able to enjoy the medicinal properties of the mineral springs and cycling on more than 700 km of bicycle trails, the health resort is now enriched by the first IQCURE resort in the world.

IQCURE is an exceptional concept that, under the common name of *healthness*, combines a holiday, health and wellness, and is as such unique in the world.

170 years of health tourism in Kvarner

Along with the nearby thermal springs around Zagreb, the Kvarner area, just an hour and a half drive away, is also easily accessible. Due to its natural beauty and its favourable geographic position - combining the sea, the islands and the mountains - it is an area where health tourism has been nurtured for 170 years. Apart from being suitable for the treatment and rehabilitation of respiratory and heart diseases, those who want to prevent or treat many other problems, relax and reenergise also come to Kvarner.

All the magic of the surroundings

A STAY IN ZAGREB'S SURROUNDINGS

can be combined with a visit of historical sites, museums or castles, village farms, where you will be offered homemade food and indigenous wines, or a walk in the beautiful unspoiled nature, which in itself has a medicinal effect



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+385 (0) 1 4814 054

Email: info@infozagreb.hr

www.infozagreb.hr

TOURIST INFORMATION CENTRE

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Strossmayerovo šetalište

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Email: lotrscak@infozagreb.hr

TOURIST INFORMATION CENTRE

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Email: gkolodvor@infozagreb.hr

TOURIST INFORMATION CENTRE

BUS STATION

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Email: autobusnik@infozagreb.hr

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NOTE:

The publisher has done everything to ensure the accuracy of the information in the publication at the time of printing but cannot assume responsibility for the changes that occurred after the content was completed.

FIND OUT MORE

about the health tourism offer of Zagreb and its surroundings in the attached insert



CROZATIA
Full of life


Zagreb
CROATIA

**TOP QUALITY HEALTH
CARE SERVICES,
INNOVATIVE PROCEDURES
AND TECHNOLOGIES, AND
MEDICINAL SPRINGS IN
THE IMMEDIATE VICINITY**

are the main reasons
why Zagreb should
be your new health
destination

Top experts *Health tourism stakeholders* ~ top results

Numerous public and private healthcare institutions, characterized by high quality levels in operational business, price competitiveness and varied hotel and other accommodation facility offers, make Zagreb a centre of medical excellence.

The synergy of all stakeholders in the destination continuously contributes to the entire offer of health tourism in the city of Zagreb, and this brochure offers you the opportunity to get acquainted with the offer of Zagreb and its surroundings.

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- Milojević Polyclinic
- Polyclinic Eljuga



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- Salzer Polyclinic
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- Optical Express
- Special Hospital for Ophthalmology Svjetlost



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- ⊙ St. Catherine Specialty Hospital

ARENA DENTAL POLYCLINIC

The Arena Dental Polyclinic is a dental service specializing in aesthetic and implantology - from periodontics, implantology, prosthetics, orthodontics to oral surgery. Its team of experts and professional staff provides the best dental solutions, continuous support and an individual approach, in order to make the dental experience a pleasant experience of putting the smile back on your face.

ISO 9001 certificate



Address: Remetinečki gaj 2K,
10 020 Zagreb, Croatia
Telephone: +385 (0) 1 6542 655
E-mail: info@arenapoliklinika.hr
Web: www.arenapoliklinika.hr

ARITHERA SPECIALTY HOSPITAL

The Arithera Specialty Hospital, known for orthopaedics and the treatment of spinal diseases with quality physiotherapy and rehabilitation, has doctors' offices, two operating rooms, a hospital department, swimming pool for physiotherapy and a hall for robotic neurorehabilitation waiting for you. Along with the Centre for the Spine, Arithera also operates centres for varicose veins, aesthetic surgery, abdominal surgery and internal medicine with cardiology.

ATLANTIS TRAVEL

The Atlantis Travel Group is a long-standing DMC/MICE travel agency with an IATA license. Their services include finding the best clinic for diagnostics and treatment in Croatia, organisation of transport and accommodation and being greeted by their representative at the airport, assistance in obtaining a visa or medical documentation, translation of medical documentation and additional assistance, such as organisation of excursions and sightseeing.

ISO 9001 certificate

BAGATIN CLINIC

The z is the leading private polyclinic in the region specializing in aesthetic surgery, dentistry and dermatology, bringing together experts from seven branches of specialization. During its 23 years of existence and with more than 20,000 satisfied customers, it has become synonymous for quality services in keeping with the international standards, as well as a favourite destination for beauty.

ISO 9001 certificate



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10 000 Zagreb, Croatia
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E-mail: arithera@arithera.hr
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E-mail: info@bagatin.hr
Web: www.poliklinikabagatin.hr

BATES CLINIC

The Bates Clinic is a private health care institution with more than 20 years of tradition, specializing in providing complete health care services, from prevention and diagnostics to treatment. By coming to the Bates Clinic you have chosen a quality health service, a top team of specialist doctors and state-of-the-art medical equipment, with all on-site tests, without waiting.

ISO 9001 certificate

BETAPLUS CENTER FOR REPRODUCTIVE MEDICINE

BetaPlus Center for Reproductive Medicine was established in 2010, and ever since it has been growing continuously thanks to the quality of its services and employees. The main activities of the polyclinic are assisted fertilization procedures, carried out by a team of top experts. You can trust the polyclinic to perform all procedures, without any anxiety and fear, with full confidence in its success.

BILIĆ VISION POLYCLINIC

The Bilić Vision Polyclinic is a polyclinic with a 23-year old tradition, specialised in ophthalmology and orthopaedics. It carries out the diagnostics and treatment of eye diseases, laser eye surgery, cataract surgery and surgical procedures of the hands and arms at an international level. More than 100,000 satisfied patients have been through the clinic — including 20% of the patients from various countries throughout Europe, and even the world.

ISO 9001 certificate

CENTER FOR PEDIATRIC MEDICINE HELENA

The Center for Pediatric Medicine Helena is involved in specialist-multidisciplinary health care, diagnostics and medical rehabilitation in the field of paediatrics. It provides general and specialised paediatric care, preventive health care, and developmental and therapeutic care for all kinds of childhood diseases. As their key to success, they highlight their highly educated staff and a complete and fast service in one place.



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E-mail: info@poliklinika-helena.hr
Web: www.poliklinika-helena.hr

DANMARI TOURS

The D-One agency provides complete services in medical tourism in cooperation with leading clinics in Croatia. With the best price-quality ratio, its arrangements include wellness and anti-aging programmes, weight loss programmes, aesthetic surgery, diagnostics, Louise Hay workshops and other packages. With D-One you can be sure you are saving your time and money, enjoying VIP treatments and creating "D-one" memories!



Address: Cirkovljanska 2,
10 000 Zagreb, Croatia
Telephone: +385 (0) 98 516 250
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10 010 Zagreb, Croatia
Telephone: +385 (0) 91 2345 528
E-mail:
office@studiodental-frntic.com
Web: www.studiodental-frntic.com

DENTAL CENTER ŠTIMAC

The Dental Center Štimac is one of the most famous dental clinics in this part of Europe. It consists of an experienced team of fourteen dental medicine doctors, who at any given time guarantee the patient superb dental services. A significant aspect of their work are humanitarian dental makeovers, which they often describe as "life-changing transformations".

DENTAL CLINIC APOLONIJA

The Dental Clinic Apolonija is a polyclinic for orthodontics, prosthetics and diagnostics and rehabilitation of the teeth, mouth and the entire chewing system. It is based on the forty-year tradition of private practice, as one of the oldest private Zagreb polyclinics, and it stands out by its application of state-of-the-art technology and continuous improvement of all branches of dentistry.

ISO 9001 certificate

DENTAL CLINIC FRNTIĆ

Dental Clinic Frntić consists of a professional dental team that has been working for a number of years under the leadership of two top dentists. Their expertise and many years of experience in various branches of dentistry guarantee safe and reliable results, and all treatments — from implantology, oral surgery, prosthetics and aesthetic interventions — are performed in one place.

DENTAL CLINIC OSTOJIĆ

A warm welcome for a beautiful smile! In the Dental Clinic Ostojić, an expert dental team, who always puts patients first, will take care of your health. An individual approach, superior dental implants and prosthetic work, as well as the professionalism and courtesy of the staff, have been recognized by all of their patients. Solve your dental problems and enjoy your stay in Croatia!

ISO 9001 certificate

DENTAL CLINIC TRUPELJAK

Teamwork and an individual approach nurtured by all the employees of the Dental Clinic Trupeljak provide patients with the highest quality service, in order to achieve perfect smile aesthetics and excellent functionality of prosthetic work. Therefore, the polyclinic activities include oral surgery, dental prosthetics, teeth whitening, laser, digital orthopan and RVG.

DENTICROAZIA

DentiCroazia is an international dental centre located in the centre of Zagreb. Many years of experience in working with foreign patients, as well as continuous investment in the latest technology, make the centre one of the most modern in this part of Europe. With superior expert staff, guests can enjoy the services of a modern beauty centre, as well as transportation and accommodation services at the Rebro and The Loop hotels, owned by the centre.

ISO 9001 certificate

DUDUKOVIĆ POLYCLINIC

The Medical Clinic for Modern Aesthetics and Beauty Treatments Dr. Duduković is a newly opened Zagreb boutique polyclinic for aesthetic surgery and aesthetic medicine, whose professional team is trained in leading international medical centres, such as John Hopkins and Mount Sinai. Thanks to a wide range of aesthetic interventions and state-of-the-art technology, the polyclinic covers a full spectrum of anti-age and aesthetic treatments, including hair loss and scalp treatments.



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www.naturaldent.hr,
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E-mail: poliklinika@dudukovic.hr
Web: www.dudukovic.hr

GLUMIČIĆ MEDICAL GROUP

Dr. Siniša Glumičić, MD, established the Glumičić Medical Group polyclinic in 1994. With more than 20 years of experience, Dr. Glumičić has for years been one of the most famous and influential aesthetic surgeons in Croatia - an expert and artist in nose surgery, as well as breast augmentation, upper and lower eyelid correction, face lifting, VASER liposuction...

ISO 9001 certificate



Address: Prilaz Gjüre Deželića 56,
10 000 Zagreb, Croatia
Telephone: +385 (0) 1 3779 129
E-mail: info@glumicic.com
Web: www.glumicic.com

IDENTALIA TRAVEL

The Identalia Travel agency provides the patients of the Polyclinic Identalia and its franchise offices with logistical support in the organisation of their arrival. The agency organises transfer and accommodation in top-quality apartments near the polyclinic, with staff available 24 hours a day. The agency's offer includes additional contents, such as daytrips and sightseeing of the most popular attractions with the guidance of a tour guide.



Address: Petrovaradinska 1A,
10 000 Zagreb, Croatia
Telephone: +385 (0) 99 5830 827
E-mail: info@identalia-travel.com
Web: www.identalia-travel.com/hr/

IMPLANT CENTRE MARTINKO

The Implant Centre Martinko provides treatments in accordance with the highest international standards, providing patients with quality therapy and an individual approach. Modern technology and high quality materials ensure a superior service in the field of diagnostics, implantology, surgery, prosthetics, parodontology and aesthetic and general dentistry.



Address: Zagrebačka cesta 126,
10 000 Zagreb, Croatia
Telephone: +385 (0) 1 3644 494
E-mail:
info@implant-centre-martinko.com
Web:
www.implant-centar-martinko.com

INSTITUTION FOR HEALTH CARE ČORLUKA

The Institution for Health Care Čorluka has been providing home health care and physical therapy services to patients since 1990 and represents the first and largest private health care institution of such a profile. 2004 saw the opening of a hospice for temporary hospitalisation of patients requiring health care and rehabilitation, along with an ambulance transfer service.

ISO 9001 certificate



Address: Mesnička 32,
10 000 Zagreb, Croatia
Telephone: +385 (0) 1 4851 422
E-mail: corluka@corluka.hr
Web: www.sanatorij.com

INSTITUTION FOR HEALTH CARE NEMETOVA-PRIMA

Institution for Health Care Nemetova-Prima provides services from the field of occupational and sports medicine. It has contracts with English provider-companies for examinations in the field of occupational medicine and for working on oil platforms worldwide, and is also licensed for medical examinations for determining medical capability for flying an aircraft.

ISO 9001 certificate



Address: Nemetova 2,
10 000 Zagreb, Croatia
Telephone: +385 (0) 1 4693 103
E-mail: info@nemetova-prima.hr
Web: www.nemetova-prima.hr

IVF POLYCLINIC

The IVF Polyclinic was established in 1997 as the first private facility for treating infertility in the region. The polyclinic's founder and medical director is Prof. Velimir Šimunić, MD, PhD, a pioneer of gynaecological endocrinology and human reproduction, and the leader of specialists who in 1982/83 as the seventh in the world enabled the conception and birth of the first IVF child in Croatia. Today, the IVF Polyclinic successfully performs complete infertility diagnostics and treatment, while the quality of the services is ensured by the Global Clinic Rating certificate.

ISO 9001 certificate



Address: Nemčićeva 7,
10 000 Zagreb, Croatia
Telephone: +385 (0) 1 4678 600
E-mail: info@ivf.hr
Web: www.ivf.hr

KLAPAN MEDICAL GROUP POLYCLINIC

The Klapan Medical Group Polyclinic is registered for performing activities in otorhinolaryngology, head and throat surgery, and internal medicine (allergies, telemedicine). It is fully computerized, with an IT system for the operationalisation of the institution's work, and the ability to implement interactive telemedicine (telesurgery) in real-time.



Address: Ilica 191A,
10 000 Zagreb, Croatia
Telephone: +385 (0) 1 2222 736
E-mail:
poliklinika@poliklinika-klapan.com
Web: www.poliklinika-klapan.com

KNEZOVIĆ CLINIC

The Knezović Clinic is technologically the medical facility for ophthalmology and aesthetic surgery of the face with the most state-of-the-art equipment. Its primary services are complete eye diagnostics and laser eye correction. With its high level of expertise and the highest technological standards, it is specialized in the treatment of keratoconus, dry eye treatment and the performance of more complex eye surgery, such as cataract surgery.



Address: Ulica grada Vukovara 269F,
10 000 Zagreb, Croatia
Telephone: +385 (0) 1 6677 222
E-mail: info@knezovic.com.hr
Web: www.knezovic.com.hr

KUSTEC DENTAL CLINIC

With more than 35 years of family tradition and work in the field of dentistry, the Kustec Dental Clinic is a renowned dental clinic where it is possible to perform even the most demanding dental procedures. It offers complete services in the field of dental implantology, oral surgery, prosthetics, aesthetic dentistry, x-ray diagnostics and plastic, reconstructive and aesthetic surgery.



Address: Bukovačka 7,
10 000 Zagreb, Croatia
Telephone: + 385 (0) 1 2306 980
E-mail: info@poliklinikokustec.com
Web: www.poliklinika-kustec.hr

MATERNITY HOSPITAL PODOBNIK

As the first and only private institution in Croatia that along with outpatient care provides full hospital care in the field of gynecology and obstetrics, Maternity Hospital Podobnik puts women at the centre of the most important event of their lives. In designing a special programme for all future mothers, the guiding idea was safety, comfort, dedication and the highest quality of health care. The mission and vision of Maternity Hospital Podobnik was recognized by numerous families from Croatia, as well as from the neighbouring countries.

ISO 9001 certificate



Address: Sveti Duh 112,
10 000 Zagreb, Croatia
Telephone: +385 (0)1 6398 000
E-mail: podobnik@podobnik.hr
Web: www.podobnik.hr

OPTICAL EXPRESS

The Optical Express is part of the Optical Express group, which has nearly 200 centres in the UK, Germany and Croatia. It is one of the leading European companies for refractory surgery, with more than two million laser vision corrections. Optical Express cooperates exclusively with top Croatian experts in every segment.



Address: Strojarska cesta 18,
10 000 Zagreb, Croatia
Telephone: +385 (0) 1 5625 450
E-mail: info@opticaexpress.hr
Web: www.opticaexpress.hr

ORTOIMPLANT DENTAL SPA

The Ortoimplant Dental Spa is a unique concept of dental service featuring hi-tech technological achievements under the leadership of Dr. Zdenko Trampuš, DDS, Dental Implantology. The philosophy of the Ortoimplant Dental Spa office combines top quality dental services and spa therapies, after which you can visit the ZUUI BAR, the first dental spa bar in Croatia.

ISO 9001 certificate



Address: Ilica 283,
10 000 Zagreb, Croatia
Telephone: +385 (0) 1 3703 498
E-mail: info@ortoimplant.hr
Web: www.ortoimplant.hr

POLYCLINIC BREYER

The Polyclinic Breyer provides top-notch services of a wide range of medical-biochemical and microbiological analyses. The expert team of the polyclinic, consisting of medical biochemists and microbiologists, ensures complete, fast and precise laboratory processing and issuing of the results as soon as possible, in accordance with the highest standards of the profession — because quality comes first.

ISO 9001 certificate



Address: Ilica 191,
10 000 Zagreb, Croatia
Telephone: +385 (0) 1 3775 092
E-mail: lab@breyer.hr
Web: www.breyer.hr

POLYCLINIC ELJUGA

The Polyclinic Eljuga, as a recognized institution in the field of breast disease diagnostics, gynaecology and plastic, reconstructive and aesthetic surgery, has been offering its customers top-notch services for 25 years. The polyclinic operates according to the highest professional standards, which has been recognized by numerous patients from the region.

ISO 9001 certificate



Address: Bukovačka 121,
10 000 Zagreb, Croatia
Telephone: +385 (0)1 2421 281
E-mail: info@poliklinika-eljuga.hr
Web: www.poliklinika-eljuga.hr

POLYCLINIC GLAVIĆ

In more than 20 years of existence, Polyclinic Glavić has emerged as the leader of robotic neurorehabilitation in Croatia and Southeast Europe. By keeping up with the latest trends in treatment, setting new standards, and investing in staff, medical equipment and the most powerful resource in neurorehabilitation - robotics, it has at its disposal a broad spectrum of the most advanced solutions for neurorehabilitation of the upper and lower extremities.



Address: Radnička cesta 54,
10 000 Zagreb, Croatia
Telephone: +385 (0) 1 6468 300
E-mail: infozg@poliklinika-glavic.hr
Web: www.poliklinika-glavic.hr

POLYCLINIC IDENTALIA

The Polyclinic Identalia provides top services in all branches of dentistry. The modern clinic in Zagreb equipped with a digital laboratory specialises in large implant-prosthetic reconstructions of the jaw. It stands out by its multidisciplinary approach in treating patients, while the polyclinic staff are recognized by their kindness, dedication to patients, organisation and quality of work.



Address: Petrovaradinska 1,
10 000 Zagreb, Croatia
Telephone: +385 (0) 1 5566 431
E-mail: info@identalia.hr
Web: www.identalia.hr

POLYCLINIC MILOJEVIĆ

The Polyclinic Milojević was established in 2011 as a sister polyclinic to the Milo Clinic from London, and has since become the most modern anti-aging polyclinic in the wider region. Through aesthetic medicine and surgery, it is dedicated to stopping the aging process and “turning back the clock” — erasing old and fresh trauma regarding appearance, restoring self-confidence and bringing back the smile on your face and helping you look the way you feel.



Address: Gundulićeva 40,
10 000 Zagreb, Croatia
Telephone: +385 (0) 1 485 4441
E-mail: info@milojevic.hr
Web: www.milojevic.hr

POLYCLINIC ŠLAJ-ANIĆ

The Polyclinic Šlaj-Anić is the most modernly equipped polyclinic in the Republic of Croatia, with more than 50 employees. There are nine dental and three dermatological offices and an operating room in the superbly designed and well-equipped premises, providing the best services in all branches of dentistry and dermatology. The polyclinic also has a digital dental X-ray and a dental technical laboratory, providing complete care for the health and beauty of the patient's smile in one place.



Address: Štoosova 26,
10 000 Zagreb, Croatia
Telephone: +385 (0)1 2300 888
E-mail: poliklinika@slaj-anic.com
Web: www.slaj-anic.com

PREMIUM DENT

If you want your smile to become synonymous with beauty and health through any dental procedure, Premium Dent is the right place for you - an individual approach, patient care and dedication to beauty are their everyday focus. Accordingly, they also offer a permanent make-up service that, in the hands of a micropigmentator, makes your lips and eyebrows perfect, just the way your legs can also be, after the Premium Dent experts use the latest methods to remove varicose vein issues.



Address: Savska cesta 7,
10 000 Zagreb, Croatia
Telephone: +385 (0) 1 779 3354
E-mail: info@premiumdent.hr
Web: www.premiumdent.hr

REPROMED — CENTER FOR GYNAECOLOGY AND REPRODUCTIVE MEDICINE

Repromed - Center for Gynaecology and Reproductive Medicine is a licensed institution for the implementation of all medically assisted fertilization (MAF) methods. In addition, it provides medical services in the field of outpatient gynaecology, perinatology and minimally invasive procedures (outpatient hysteroscopies, fallopian tube patency tests and laser treatment of preclinical changes in the cervix).



Address: Gradišćanska 36,
10 000 Zagreb, Croatia
Telephone: +385 (0) 1 4954 281
E-mail: info@poliklinika-repromed.hr
Web: www.poliklinika-repromed.hr

REXREA — SPECIALISED FACILITATORS FOR MEDICAL TOURISM

Are you looking for treatment in Croatia? RexRea is there for you. RexRea has agreements with all the leading hospitals and polyclinics in Croatia from many medical branches and is fully dedicated to patients coming to Croatia in search of the best available health care. It will choose the appropriate institution and service for you and submit a treatment plan offer for you, completely free of charge.



Address: P.B. Hanžekovića 8,
10 000 Zagreb, Croatia
Telephone: +385 (0) 98 9406 609
E-mail: info@rexrea.hr
Web: www.rexrea.hr

SALZER POLYCLINIC

The Polyclinic for Medical Biochemistry and Internal Medicine Salzer was established in 2010, based on the extensive experience of its founder Branka Salzer, PhD, graduate medical biochemistry engineer. The medical and biochemical laboratory of the polyclinic is equipped with the most state-of-the-art medical devices of the last generation, where it is possible to perform all laboratory tests in one place in one day.



Address: Ulica kralja Zvonimira 26,
10 000 Zagreb, Croatia
Telephone: +385 (0) 1 6419 800
E-mail: info@poliklinika-salzer.hr
Web: www.poliklinika-salzer.hr

SANJA VUIĆ PRIVATE DENTAL PRACTICE

The office in the heart of Zagreb with over 20 years of experience in dental medicine is an ideal place for complete oral health rehabilitation. They are the first in Croatia to introduce modern methods of correcting teeth (Inman Aligner, ClearSmile Aligner, Six Month Smiles). If you are looking for top quality prosthetic, implant and aesthetic dental services, you are in the right place.

ISO 9001 certificate



Address: Iblerov trg 5,
10 000 Zagreb, Croatia
Telephone: +385 (0) 1 4633 432
E-mail: info@dentist-vuic.hr
Web: www.dentist-vuic.hr

SPECIAL HOSPITAL FOR OPHTHALMOLOGY SVJETLOST

Special Hospital for Ophthalmology Svjetlost is the leading ophthalmic institution in the region providing complete services. It is known for the highest standards of technical support and knowledge and constantly proves itself as the representative of the latest technologies in ophthalmic practice. It is the first private university clinic in Croatia, and in addition to Zagreb, it has its centres in Split and in the countries of the region.

ISO 9001 certificate



Address: Heinzelova 39,
10 000 Zagreb, Croatia
Telephone: +385 (0) 1 777 56 56
E-mail: info@svjetlost.hr
Web: www.svjetlost.hr

TIM DENT

TIM DENT is a renowned dental polyclinic with a tradition spanning more than 20 years, whose expert team has won the trust of more than 10,000 patients annually. Thanks to its experience and individual approach, it provides a highly professional service using state-of-the-art technology in dental diagnostics, implantology, surgery, prosthetics, orthodontics, parodontology, aesthetic and general dentistry. The logo, "Your Smile. Our Passion." ideally describes the philosophy of the polyclinic.



Address: Ogrizovićevea 30,
10 000 Zagreb, Croatia
Telephone: +385 (0) 1 3822 937
E-mail: ordinacija@timdent.hr
Web: www.timdent.hr

TREATIGO

Treatigo is a medical travel agency that helps patients from abroad to perform top-quality health care treatments at an affordable price. Choose between dental packages, cosmetic surgery procedures, ophthalmology and facial treatments in carefully selected clinics — all this with patient care from start to finish that guarantees the ultimate treatment and experience of stay.



Address: Heinzelova 62/A,
10 000 Zagreb, Croatia
Telephone: +385 (0) 91 4771 958
E-mail: info@treatigo.com
Web: www.treatigo.com

VILLA BREZOVICA

Villa Brezovica is a hotel-hospital-type of an institution which provides hospital services, care services for the elderly, sick and disabled, palliative care and postoperative recovery. A multidisciplinary team consisting of doctors-rehabilitation professors, a social worker, physiotherapists, medical technicians, nurses and caregivers will help you feel healthier in your body and make life in your senior years better and happier.



Address: Desprimska 1A,
10 257 Brezovica, Zagreb, Croatia
Telephone: +385 (0) 1 6273 400
E-mail: info@villabrezovica.com
Web: www.villabrezovica.com

ZAGREB SURROUNDINGS

AKROMION — SPECIAL HOSPITAL FOR ORTHOPAEDIC SURGERY

The Akromion — Special Hospital for Orthopaedic Surgery offers all medical services in the treatment of diseases and injuries to the locomotor system, at two locations — in Krapinske Toplice and Zagreb. The surgical procedures include everything from arthroscopy to artificial joint implants, treatment of fractures, and reconstructive interventions of poorly treated fractures. Akromion also implants prosthesis of all large joints.

ISO 9001 certificate



Address: Ulica Ljudevita Gaja 2,
49 217 Krapinske Toplice, Croatia
Telephone: +385 (0) 49 587 487
E-mail: akromion@akromion.hr
Web: www.akromion.hr
Address: Ulica Frane Vrbanića 26
10 000 Zagreb, Croatia
Telephone: +385 (0) 1 6445 820
E-mail: info@akromion.hr

MAGDALENA — CLINIC FOR CARDIOVASCULAR MEDICINE

The Magdalena – Clinic for Cardiovascular Medicine provides unique and comprehensive cardiovascular care - from determining the anamnesis and setting the diagnosis to the ultimate medical solution within cardiologic conservative and intervention therapy or surgical procedures. The first telecardiology centre in Croatia operates at the clinic, and the quality of service and safety are guaranteed by the certificates ISO 9001, ISO EN 15224 and the diamond certificate from the Accreditation Canada organisation. It is located in two locations, in Krapinske Toplice and Zagreb.

ISO 9001 certificate



Address: Ljudevita Gaja 2,
49 217 Krapinske Toplice, Croatia
Telephone: +385 (0) 49 244 115
E-mail: info@magdalena.hr
Web: www.magdalena.hr
Address: Radnička Cesta 32
(entrance from Bunićeva street)
10 000 Zagreb, Croatia
Telephone: +385 (0) 1 5509 201
E-mail: zagreb@magdalena.hr

NAFTALAN — SPECIAL HOSPITAL FOR MEDICAL REHABILITATION

The Special Hospital Naftalan is unique in Europe for its use of the naftalan medicinal oil and saline thermal water. These two natural therapeutic agents have already been successfully applied for 29 years for the treatment of skin diseases — psoriasis and neurodermatitis — as well as inflammatory rheumatic diseases — arthritis. In addition to physical therapies, specific procedures are used in treatment, such as baths with medicinal oil, ultrasound with naftalan and phototherapy. It is also possible to use a variety of spa and wellness facilities, with 3 and 4 star accommodation.

ISO 9001 certificate



Address: Omladinska 23A,
10 310 Ivanić-Grad, Croatia
Telephone: +385 (0) 1 2834 555
E-mail: naftalan@naftalan.hr
Web: www.naftalan.hr

RADIOCHIRURGIJA ZAGREB

Radiochirurgia Zagreb is a private polyclinic which deals with cancer diagnostics and treatment. The polyclinic has state-of-the-art equipment for diagnosing and treating cancer using radiotherapy and radiosurgery. Their professional team consists of top Croatian and international experts with many years of experience in various forms of cancer treatment.



Address: Ulica dr. Franje Tuđmana 4,
10 431 Sveta Nedelja, Croatia
Telephone: +385 (0) 1 400 8050
E-mail: info@radiochirurgia.hr
Web: www.radiochirurgiazagreb.com

ST. CATHERINE SPECIALTY HOSPITAL

St. Catherine Specialty Hospital is a European centre of excellence, which applies innovative technologies and a multidisciplinary approach in the field of comprehensive neuroradiological diagnostics, orthopaedic procedures, pain management, spinal surgery, sports medicine, rehabilitation, cardiology, gynaecology and regenerative medicine. Each year it receives more than 30,000 patients. It is also the official hospital of the Croatian football team, the runners-up of the FIFA World Cup 2018 in Russia. It also has a business unit in Zagreb, the St. Catherine Specialty Hospital Zagreb.

ISO 9001 certificate



Address: Bračak 8,
49 210 Zabok, Croatia
Telephone: +385 (0) 49 296 600
E-mail: info@svkatarina.hr
Web: www.svkatarina.hr

Address: Trpinjska 7,
10 000 Zagreb, Croatia
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